



Sponsored Fund Raiser event for the Bethany Project -  
Children's home and school Tanzanian, East Africa

# WALK-A-THON

## 10 or 20 miles

### Canal-towpath walk/run/cycle from dawn to dusk

On Saturday the 2nd January 2016

Starting 8 am Gannow Lane bridge, Burnley, BB12 6QP  
(next to New Life Church – Burnley)  
to

Riley Green Bridge, Preston (opp the 'Boat Yard Inn' - PR5-0SP)

Half way point (10 miles) is Hermitage Street Bridge, Rishton, BB1 4NL  
(Canal view cafe) which will be open for toilets and refreshments and will be the  
finish point for those doing the half-walk-a-thon (10 miles)

For more information and to register (£5) visit our web site:

[www.walk-a-thon.org.uk](http://www.walk-a-thon.org.uk)

Please note: Event Insurance will be provided but as the run is a straight run  
along the canal (no cross country turns etc.) we will only provide stewards at the  
beginning, every 5 miles, at the half way point and at the end.

Please bring your mobile phone to contact the emergency services in case of  
emergencies, accidents etc.

Please note that at an average steady walk of 3 miles per hour it will take about 7  
hours to complete (not allowing for rests/refreshments) and there are only 8  
hours of daylight at this time of year.



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